



REGISTER FOR BLUE MOON13!

Blue Moon weekend is May 21-23, so you already registered. Right? No?! Well there's no time to waste – you should register today. If you didn't receive a flyer in the mail, then go to secontra.com/bluemoon/Blue_Moon and click the link to register. You'll sleep better tonight when you have this done.

This year's annual weekend-long dance festival features music by Lift Ticket and calling by Kathy Anderson.

Lift Ticket plays traditional and original tunes with an energy that drives you home and tucks you happily into bed after a long night of dance. They're to die for. Missing this would be like closing the curtains and staying inside on that first gorgeous day of spring.

Kathy Anderson is known for her flowing contras and fast-moving, exciting squares. She's brought her enthusiastic style to dances across the US, Canada, and Europe, and is a favorite on the West Coast. Her smooth vocal delivery and repertoire of quirky contras and high-energy squares make for a fun, challenging dance experience.

There will be additional music by Huntsville's own Ed Baggott and Elsie Peterson, and Chrissy Davis-Camp will provide additional calling.

We will attempt to maintain an equal count of women and men. You could help us by registering with a partner, but this is not required.

Register for this weekend festival today!

THIS IS WHERE YOU COME IN

Blue Moon: This festival requires substantial volunteer effort to be successful. We still need volunteers to:

- Host visiting dancers – are you willing to open a spare bedroom or fold-out couch to visiting dancers?
- Housing coordinator to match visitors with hosts.
- Set up and clean up before and after the dances.
- Prepare snacks for the after-dance Party at the Wall's.

Please let an officer know if you're willing to help!

Officer Elections: NACDS officers are elected and serve limited terms. We'll hold elections for new officers this summer, so it's time to begin selecting candidates. Would you care to serve? Would you like to be on the selection committee? Do you want to help, but you're not sure how much to commit to? Talk to one of the officers.



HUNTSVILLE CALENDAR

• Huntsville dances are the 1st & 3rd Saturdays of each month in the gym at Faith Presbyterian Church, 5003 Whitesburg Dr., (corner of Whitesburg Dr. & Airport Rd.). Beginners Workshop is at 7:00 PM, and then the regular dance is from 7:30 – 10:30 PM.

• Admission is \$7 (\$6 for members), \$4 for teens, free for ages 12 & under.

Remember to bring comfortable, **non-scuffing shoes** for dancing. Bring someone new to a dance this month!

• Gen'l info, bwalls@pobox.com or www.secontra.com;
Schedule info, Doug Roth: hdroth@pobox.com.

APRIL 3 : HUNTSVILLE

CALLER — BECCA IMPELLO

BAND — FIDDLIN' IN THE PARLOR

APRIL 17 : HUNTSVILLE

CALLER — JEF HODGE

BAND — KALEIDOSCOPE

AREA DANCE GYPSY CALENDAR

APRIL 2 : NASHVILLE

CALLER — JOHN SHARLET

BAND — AL AND EMILY CANTRELL

APRIL 5 : FLAT CREEK

CALLER — CHRISSY DAVIS-CAMP

BAND — JIM & INGE WOOD WITH VARIOUS & SUNDRY

APRIL 9 : NASHVILLE

CALLER — EMMA RUSHTON

BAND — ELIZABETH FITCH AND FRIENDS

APRIL 10 : BIRMINGHAM

CALLER --- JANET SHEPHERD

BAND — JUST ADD WATER WITH CALLER

APRIL 10 : CHATTANOOGA

CALLER — TBA

BAND — FREE ASSOCIATION

APRIL 11 : NASHVILLE

CALLER — CHRISSY DAVIS-CAMP

BAND — VERDIER, KEVRA, HOOS, AND MOORE

APRIL 16 : NASHVILLE

CALLER — SUSAN KEVRA

BAND — NASHVILLE CEILI

APRIL 20 : FLAT CREEK

CALLER — CHRISSY DAVIS-CAMP

BAND — JIM & INGE WOOD WITH VARIOUS & SUNDRY

APRIL 23 : NASHVILLE

CALLER — KENDAL BROADIE

BAND — BANDEMONIUM (LEE ANNE WELCH-FIDDLE, ERIC ANDERSON- PIANO)

APRIL 24 : CHATTANOOGA

CALLER — DEENA KUSHNER

BAND — BANDEMONIUM!

APRIL 30 : NASHVILLE

CALLER — CHRISSY DAVIS CAMP

BAND — RED MOUNTAIN

TO LEARN MORE

- **Footmad (Birmingham, AL)**
www.footmadbirmingham.org
205-822-0505
- **CTDS (Chattanooga, TN)**
contranooga.org
- **NCD (Nashville, TN)**
615-356-3869
nashvillecountrydancers.org
- **Flat Creek, TN**
jimwoodmusic.net/fcc.htm

A BIT FURTHER BUT WORTH THE TRAVEL

- **CCD (Atlanta, GA)**
Fridays & alternate Tuesdays
contradance.org
- **KCD (Knoxville, TN)**
Every Monday
discoveret.org/kcd
- **MCD (Memphis, TN)**
1st, 3rd, & 5th Fridays
midtowners.webs.com
- **Sautee Community Dances (North-East GA)**
Once a month, Sept – May
sauteecontra.com



WE'RE BORN TO DANCE!

I read the following article on a Live Science web site (<http://www.livescience.com/culture/babies-born-to-dance-100315.html>) and thought you might all enjoy it as well.

Babies love a beat, according to a new study that found dancing comes naturally to infants.

The research showed babies respond to the rhythm and tempo of music, and find it more engaging than speech.

The findings, based on a study of 120 infants between 5 months and 2 years old, suggest that humans may be born with a predisposition to move rhythmically in response to music.

"Our research suggests that it is the beat rather than other features of the music, such as the melody, that produces the response in infants," said researcher Marcel Zentner, a psychologist at the University of York in England. "We also found that the better the children were able to synchronize their movements with the music, the more they smiled."

To test babies' dancing disposition, the researchers played recordings of classical music, rhythmic beats and speech to infants, and videotaped the results. They also recruited professional ballet dancers to analyze how well the babies matched their movements to the music.

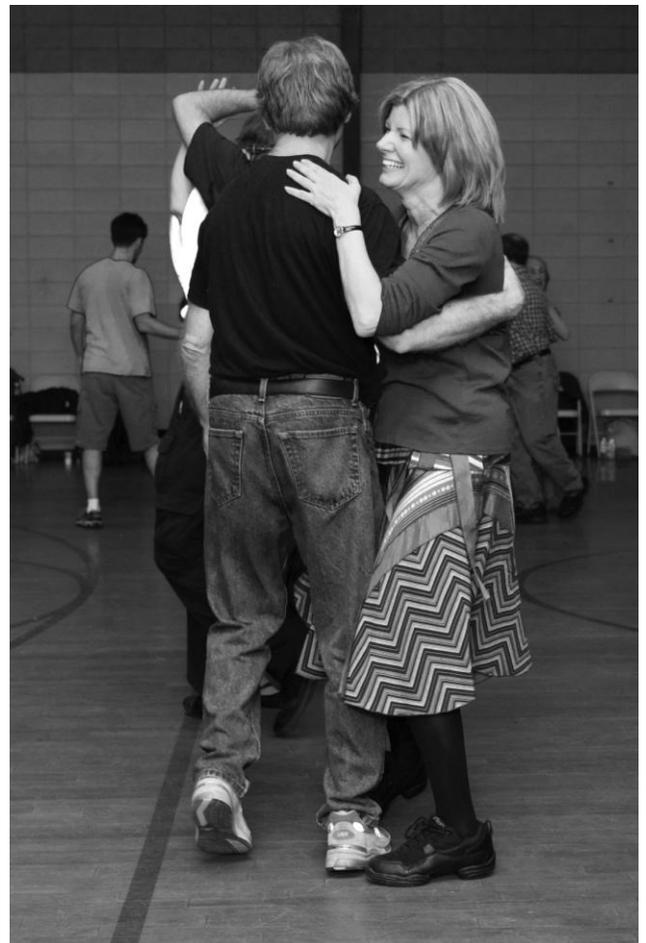
During the experiments, the babies were sitting on a parent's lap, though the adults had headphones to make sure they couldn't hear the music and were instructed not to move.

The researchers found the babies moved their arms, hands, legs, feet, torsos and heads in response to the music, much more than to speech.

Though the ability appears to be innate in humans, the researchers aren't sure why it evolved.

"It remains to be understood why humans have developed this particular predisposition," Zentner said. "One possibility is that it was a target of natural selection for music or that it has evolved for some other function that just happens to be relevant for music processing."

Zentner and his colleague Tuomas Eerola, from the Finnish Centre of Excellence in Interdisciplinary Music Research at the University of Jyväskylä, in Finland, detailed their findings in the March 15 issue of the journal *Proceedings of the National Academy of Sciences*.



GET CONNECTED, STAY CONNECTED

Visit the NACDS web site:

<http://secontra.com/NACDS.html>

There is an announcement list for everyone and a Yahoo Group discussion list for those more involved. E-mail nacds@pobox.com if you'd like to be on either.

Yahoo group:

<http://groups.yahoo.com/group/NACDScontraCommunity/>

Facebook page:

Search on Facebook for the "North Alabama Country Dance Society" group. Connect with friends and get invitations to events.



North Alabama Country Dance Society 162 White Elephant Road Grant AL 35747

Address Correction Requested



*Send just \$10 for one, or
\$15 per family, to the address above.*

*Make checks payable to NACDS.
(mailing label shows renewal date)*

*Members receive monthly newsletter,
and a \$1 DISCOUNT to each regular dance!*